

**Healthy Nutrition in Schools****-POLICY-**

The District supports nutritious/healthy food choices that meet the mandated (2008) and most up to date Ministry of Education and Health “Guidelines for Food and Beverage Sales in B.C. Schools” (2005). The goal is to support schools in their addressing the statement that “Guidelines provide schools, and food/beverage providers within schools, with a standard for decision-making that fosters healthy food environments” (Ministry of Education & Ministry of Healthy Living and Sport. Updated August 2010).

[https://www2.gov.bc.ca/assets/gov/education/administration/kindergarten-to-grade-12/healthyschools/2015\\_food\\_guidelines.pdf](https://www2.gov.bc.ca/assets/gov/education/administration/kindergarten-to-grade-12/healthyschools/2015_food_guidelines.pdf)

The Ministry policy guidelines will be implemented in each school within School District No. 58 by the Principals of each school and supported by the Health Promoting Schools Coordinator / Health Committee within schools / Parent Advisory Councils / Interior Health Authority Dietitian.

The Guidelines for Food and Beverages Sale in B.C. Schools will apply to:

1. School vending machines, stores and cafeterias
2. Parent organized lunch sales
3. School organized fun fairs and bake sales
4. Food and beverages sold to students during sporting events or on field trips (even when off school grounds)
5. Food and beverages sold as a fundraiser to students
6. All school meal programs including those sold at a subsidized rate
7. Food prepared by students as part of class projects and sold to students

The Guidelines for Food and Beverages Sales in B.C. Schools will not apply to:

1. Bagged lunches from home
2. Food and beverages brought to school by parents, which are not being sold to students
3. Food prepared by students as part of class projects and consumed by students without being purchased
4. Food and beverages sold to adults (non-students) as fundraisers
5. Fundraising by adults to adults