

# COVID-19 Daily Health Assessment for Parents, Caregivers and Students



February 12, 2021

A health assessment **must** be completed by all parents and caregivers before sending their child to school.

Daily Health Check			
1. Symptoms of Illness*	Does your child have any of the following symptoms?	CIRCLE ONE	
	Fever (above 38 degrees C)	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Loss of sense of smell or taste	YES	NO
	Difficulty breathing – shortness of breath	YES	NO
	Sore throat	YES	NO
	Extreme fatigue	YES	NO
	Headache	YES	NO
	Diarrhea	YES	NO
	Nausea or vomiting	YES	NO
	Body aches	YES	NO
	Loss of appetite	YES	NO
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO

- If you have answered “Yes” to question 1 and the symptoms are not related to a pre-existing condition (e.g. allergies) you should complete an assessment through the [K-12 Health Checker App](#) or [COVID-19 Self-Assessment Tool](#) or contact 8-1-1 to determine whether your child should attend school.
- If you answered “YES” to questions 2 or 3, use the [K-12 Health Checker App](#) or [COVID-19 Self-Assessment Tool](#) to determine any further requirements or if your child should be tested for COVID-19. Always follow any directions you have been provided by the Interior Health Authority or any other Health Authority.
- Your child should return to school only when cleared to do so by 8-1-1 or your family physician. This may include being cleared to return to school with lingering symptoms.

K-12 Health Checker App - <https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e2s1>

COVID-19 Self-Assessment - <https://bc.thrive.health/covid19/en>